

OCTOBER 2018 ↔ MAY 2019

Things to do

DISCOVER THE ESSENCE OF
THE MEDITERRANEAN



Better in
winter



MALLORCA

MENORCA

IBIZA

FORMENTERA



OCTOBER 2018 ↔ MAY 2019





Better in
winter



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You have in your hands the proposal of a different Balearic Islands, a Mallorca, Menorca, Ibiza and Formentera that during the autumn, winter and spring acquire all their splendor and beauty. A beauty that, accompanied by a great offer of events and possibilities of visits, makes us an ideal destination, where the Mediterranean lifestyle becomes fully present.

From September to May, the Balearic Islands are the islands of culture, sport, traditional popular culture, heritage and art, good gastronomy, nature and hiking, bird watching, traditional fairs...

The most desired moments of the year by residents are those that go beyond the summer. Better in winter, because it is the time of reunion with the experience and the quality of life, with the most authentic, peaceful islands, with more color, more Mediterranean ... more ours.

Therefore, we invite you to know this piece of paradise, our paradise, where you will discover the essence of the Mediterranean.

Things to do

OCTOBER 2018 ↔ MAY 2019

All year

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www.illesbalears.travel

SALINAS DE MALLORCA

Along the roads of salt

Who would have thought that such a small particle could become so valuable, but the connection of Mallorca's southeast with the world's oldest condiment comes from afar. Phoenicians and Romans harvested salt in Es Trenc and La Colònia de Sant Jordi back in the fourth century BC, taking advantage of abundant seawater and ideal conditions to produce it naturally. Today these salt pans are part of an idyllic natural environment, a haven for birds and visitors who come to visit. Guided tours will introduce you to the scenic delights of the salt pans, their history and the manufacturing process of this "white gold", rich in trace elements and much sought after by the most discerning of gourmets. Come and take a look for yourself!

www.salinasdestrenc.com



ES BALUARD

Es Baluard Museum of Modern and Contemporary Art in Palma

An exquisite collection featuring the work of national and international contemporary artists.

Es Baluard is located in the central district of Santa Catalina. Housed in the stronghold of Sant Pere, it offers spectacular views over the Bay of Palma, the Cathedral and Bellver Castle.

Discover its works as you wander its three extensive galleries, connected to the outside by ramps, skylights and large internal balconies. There is also a magnificent aljibe, an old reservoir now converted into an exhibition hall.

Es Baluard houses more than 600 paintings, drawings and sculptures by local artists and those linked to the Islands, including Rusiñol, Miquel Barceló and Miró, as well as international artists such as Magritte, Picasso and Marina Abramovic.

Discover its permanent and temporary exhibitions and indulge your creative side, participating in workshops or educational activities that will bring you closer to contemporary art.

www.esbaluard.org/es

GASTRONOMIC MARKETS

Shall we meet in the market?

These are the heartbeat of the city. The markets of Santa Catalina, Olivar and San Juan have given rise to a new form of leisure. There, in addition to finding the freshest produce, fruit, vegetables, meat and fish, the life of the entire neighbourhood is concentrated in one place.

It is what is known as a gastronomic market, a meeting place, a place to interact, enjoy tapas and variats, oysters, sushi, a glass of white wine... The freshest, most delicious place on the island. The act of buying is becoming a social event and more and more people are meeting up in the markets to enjoy the good life.

www.mercatolivar.com
www.mercatdesantacatalina.com
www.mercadosanjuanpalma.es
www.mercat1930.com

HIKING IN NATURAL PARKS: SHELTERS AND HOSTELS

Stay in hostels in our parks and enjoy full contact with nature.

Mallorca is a natural paradise with landscapes as diverse as they are spectacular. An island that has all you need to enjoy a huge range of outdoor activities in contact with an untouched nature that has a rich and varied biodiversity. There are countless hiking trails that run through beautiful Natural Parks: from the rugged landscapes of the Serra de Tramuntana, a Unesco World Heritage Site, the S'Albufera wetlands, the Sa Dragonera islet or the picture-postcard scenery of Mondragó and the Levante Peninsula. And if you want to spend the night, there is a wide network of shelters and hostels scattered throughout the island, with all the services and amenities for you to spend an unforgettable evening.

www.balearsnatura.com
www.conselldemallorca.net



VISIT TO THE CAVES

Journey to the Centre of the Earth.

Fresh and salt water lakes and rivers, stalactites and stalagmites, almost endless galleries... Mallorca hides a remarkable treasure under your feet: almost 200 caves, of which only a few are visitable. Enormous rock formations, meticulously studied lighting and musical performances await you in the Caves of Drach and Artà, on the north of the island. In the caves of Campanet, in the Serra de Tramuntana, you will discover stunning stalactites and stalagmites and an immense limestone gallery, while in the Cuevas dels Hams, the vagaries of nature have created hook-shaped formations. And in Palma you can visit the caves of Genova. All of the caves are spectacular; get ready to enter into this fascinating underground world!

www.cuevasdeldrach.com
www.cuevasdelshams.com
www.covesdecampanet.com
www.cuevasdearta.com
www.covesdegenova.com



LA FUNDACIÓN PILAR I JOAN MIRÓ

A must-see in Palma de Mallorca.

Overlooking the sea and surrounded by nature, the Fundació Pilar i Joan Miró was created by the artist and his wife for spreading knowledge and artistic creation. The Fundació Pilar i Joan Miró comprises three spectacular buildings of great architectural interest that make for an unmissable visit during your stay on the island. The Sert Studio was designed by the Catalan architect Josep Lluís Sert for Miró once the artist had finally settled in the Majorcan town and it now recreates the creative process followed by the artist. Son Boter is an 18th-century possessió (farmstead) which Miró converted into a second studio for large-scale works. Finally, the Moneo Building houses exhibition halls, a library, shop, auditorium and cafeteria. Immerse yourself in a dream of Miró on a fascinating journey through the life and work of the greatest exponent of Spanish surrealism.

www.miro.palmademallorca.es



MALLORCA TRAINING CENTER

Come and sail in Mallorca!

Mallorca Training is a project designed to provide regatta competitors from all over the world with a place to hold team training camps in the Balearic Islands.

Mallorca is an exceptional place for sailing. Its wonderful climate and meteorological conditions mean the island is ideal for sailing.

You can sail all year round, but best of all is that as well as enjoying the sea you can enjoy an island that offers endless opportunities to make your trip a unique experience.

www.federacionbalearvela.org

MUSEUM XPERIENCE BY RAFA NADAL

Live your sports experience guided by Rafa Nadal.

A total sporting experience awaits you at the International Museum of Manacor. The much-loved and highly acclaimed tennis star Rafa Nadal has donated a collection of trophies and objects, which are on display along with other great icons of the sport. There is also an exclusive space for you to get to know first-hand the work of the Rafa Nadal Foundation. On top of this, there is a projection room with a 180° screen showing great moments in the history of sport and a spectacular Experiential Room, a place where you can test your skills in the Sport-Xperience simulators. Football, tennis, Formula 1, hockey, climbing... You'll feel like a pro athlete!

www.sportxperience.com
www.rnsportscentre.com



PALMA COURTYARDS ROUTE

Discover the hidden gems in the secluded streets of the historic centre of Palma

This route takes us to the beautiful courtyards of the palaces of what were the most influential families in the city. Located in the old town of Palma, these courtyards are a true architectural marvel and this route is an excellent opportunity to learn about this aspect of the town's heritage: the history, the symbolism, and the role that they played in the social life of the time. Some of them also feature in the island's cultural scene, occasionally hosting classical music concerts, exhibitions and many other cultural initiatives.

www.mallorcarutes.es



LANDSCAPES FROM A TRAIN: VINTAGE TRAIN RIDE TO THE VALLEY OF ORANGE TREES

Get on the train, pass 13 tunnels, bridges and viaducts and delve into the valley of Sóller.

The rattling of this magnificent wooden train makes quite a big impression on passengers that climb aboard the Sóller Train. It's the same sound heard by the first travellers back in 1912 on its very first voyage. Functioning ever since, still with the original wagon design and materials, the train leaves every day from the centre of Palma, from the charming station designed by Gaspar Bennàssar. The 55 minutes separating you from the valley of the orange trees will seem far too short as you are captivated by the beauty of the landscape and the scent of orange blossom wafting through the window: the Sierra de Tramuntana in all its glory. The train terminates at one of the most beautiful villages of the island, Sóller, where you will see fine examples of the modernist architecture of the island. This is a beautiful trip to be enjoyed from the moment you board the train. We recommend you do it on Saturday, as this is when the market is held.

www.trendesoller.com



MYSTIC MALLORCA

Mallorca exudes symbolism and spirituality. The search for peace encourages us to find unique spaces that have an important historical, cultural and natural significance linked to the island's past, its most famous figures and visitors, and that envelop us in mysticism.

There is the magnificent Cathedral of Mallorca in Palma and the Gothic cloister of San Francisco. The Serra de Tramuntana mountain range, a UNESCO world heritage site, is the setting for the romantic Carthusian Monastery of Valldemossa and the imposing Lluc Sanctuary in Escorca. In the heart of rural Mallorca examples of the island's spirituality can be seen in the Cura Sanctuary in Algaida and the house of Saint Junipero Serra, located in Petra and now a museum. These spaces and many more offer the visitor unique experiences and some even allow you to stay in them.

www.infomallorca.net
www.santuariidecura.com
www.lluc.net
www.santsalvadorhotel.com
www.spiritualmallorca.com

DISCOVER RURAL MALLORCA: WINERY VISITS

Take your time and discover and savour the wine landscape on the island.

The climate of Mallorca has endowed the island with ideal winegrowing conditions and excellent wines. In recent years, numerous wineries have contributed to the burgeoning reputation of the local wine. By following the wine route, you will discover places as diverse as the coastal cliffs of Andratx, the terraced fields of Estellencs and Banyalbufar, where the prized Malvasia is grown, the plains of Binissalem, Santa Eugènia and Santa María, or the small mountains valleys of Orient y Felanitx. With two denominations of origin (DO), Binissalem and Pla i Llevant, Mallorca combines scenery, culture and cuisine around a product as universal as wine.

www.wineroutesmallorca.com
www.binissalem.do
www.doplaillevant.com
www.winesofmallorca.org
www.mallorcawinetours.com



FUN FOR ALL THE FAMILY

Aquariums, water slides, zip lines and everything you can imagine. Dare yourself!

Mallorca has an exceptional and unique natural environment, thanks to its benign climate, which makes it possible to do outdoor activities throughout the year. And it is this climate that has permitted theme parks, open-air shopping centres and other facilities that complement the natural attractions of the island to be built. Mallorca Fashion Outlets in Marratxí has a wide range of entertainment, dining and fashion. Palma Aquarium in Playa de Palma is one of the most spectacular aquariums in the world. Forestal Park, also in Playa de Palma, and Jungle Park in Bendinat are adventure parks for all ages. Finally, Katmandú Park in Magaluf is an original amusement park. Which do you prefer?

www.mallorcafashionoutlet.com
www.palmaaquarium.com
www.forestalpark.com/mallorca
www.jungleparc.es
www.jungleparcjunior.es
www.katmandupark.com

ESTATES AND GARDENS OF MALLORCA

An experience that will bring you closer to the heart of rural Mallorca.

In Mallorca we call them "possessions" and there are hundreds of them all over the island. Many of these ancient mountain farms are open to the public and still preserve their old-world charm and traditions, which they have combined with all sorts of interesting activities that will delight younger visitors. Surrounded by nature, you will enjoy learning about ancestral traditions, reliving the history of these centuries-old farms, playing with animals... La Granja d'Esporles, Els Calderers, Museu de Sa Bassa Blanca, and Raixa are prime examples for you to visit, and Sa Torre Cega organises musical evenings in a spectacular outdoor setting. And if you want to lose yourself in the most beautiful gardens of the island, nothing beats Alfàbia or the Sóller Botanical Garden. Absolutely breathtaking!

www.lagranja.net
www.elscalderers.com
www.jardinesdealfabia.com
www.fundacionbmarch.es
www.jardibotanicdesoller.org
www.fundacionjakober.org





TRIPS WITH TRADITIONAL FISHERMEN IN PROFESSIONAL FISHING BOATS

These trips mean you can discover the beautiful coastline of the Balearic Islands thanks to traditional fishermen who become your expert guides for the three to twelve hours that the fishing boat trips last. The routes we offer include visiting our coastline's most secret coves and caves, enjoying dolphin or bird watching and taking a relaxing dip in an idyllic spot.

Most tourist fishing trips include sampling the fish you have just caught on board, as you spend the day with the fisherman on their usual working day. The trips include fishing demonstrations that you can take part in and you can fish with a rod or a line. This is an exclusive activity as only a maximum of five guests are permitted on board for each trip.

www.pescaturismomallorca.com
www.pescaturismomenorca.com

ENJOY OUR MARINAS IN WINTER

A visit to Mallorca always involves a stop off at the island's most notable marinas: from enchanting, small traditional ports like Portocolom to the splendour of the new Port Adriano marina, or from the emblematic Puerto Portals to local marinas such as the popular Puerto de Andratx.

You can always rely on Port Adriano for interesting events. The innovative marina, with its 488 mooring points for vessels between 6 and 80 metres in length, was designed by Philippe Stark and is the venue for dazzling concerts, shows, exhibitions and thrilling races throughout the year. For example, there is the Spring Festival, show-cooking events with international chefs, the Sunset Yoga event, etc. Puerto Portals, with its 639 mooring points and an exclusive shopping area, is the venue for numerous events, many of which are focussed on motoring and the world of sailing, such as the Oris Classic Car Rally in the spring. There are also regular charity events held to support various local and international foundations, as well as other family activities such as the Christmas Market and the Farmers Market in May, among others.

www.puertoportals.com | www.portadriano.com
www.portocolom.com | www.portsdebalears.com
www.portsib.es



THE ORNITHOLOGICAL TOURISM CENTER

The Ornithological Tourism Center is located in La Gola (Port de Pollença). La Gola is a small wetland where the Siller and Gommar torrents merge and end in the sea. Seawater also flows into the area, giving the water a brackish quality.

Inside we find a permanent exhibition showing the most important birding areas of Majorca. Each exhibition panel explains where these areas are located, which are the most representative species and recommendations for their observation.

At the Birding Centre we can also find information about natural parks and public estates, as well as field guides and reference books. Staff specialized in ornithology are also available for information and will recommend the best places for birding and the species that are likely to be seen each season.

The Birding Centre is open from February to November.

www.ctolagola.com



STAR RESTAURANTS

Mallorca is full of stars. The island has nine Michelin star restaurants where the seduction of the palate becomes an irresistible ritual. Allow yourself to be seduced by dazzling culinary delights that are deserving of such a highly prestigious award. You can savour dishes made with local seasonal produce, which features both in traditional cooking and has inspired a new gastronomy. The island offers a gastronomic paradise at your fingertips, where you enjoy an unforgettable experience that will engage the five senses.

www.zaranda.es
www.esmolidenbou.es
www.restaurant-esfum.com
www.esracodesteix.es
www.restaurantejardin.com
www.andreugenestra.com
www.simplyfosh.com
adrianquetglas.es
www.lagoletahoteldemar.com/argos

AUTUMN FAIRS AND MARKETS

Meeting point for craftsmanship and tradition in Mallorca.

Agriculture, crafts, culinary and local produce fairs feature all year round on the annual calendar of the islands. If we focus on autumn we will find some of the most interesting. Perhaps the most complete fair is Dijous Bo in Inca (November); it is also one of the busiest and most popular on the island. Another highlight, during the first weekend of November, is Marratxí's Fira de tardor, more crafts-oriented, the Muro pumpkin fair (November), Caimari's Fira de s'Oliva (third weekend of November) or the Llubí honey fair (November).

Don't forget that every day there is a market in one of the villages of the island, a perfect outing for you to purchase local products such as oil, sobrasada, cheese, shoes, clothes, ceramics... you are certain to find your perfect souvenir.

www.infomallorca.net

North Mallorca:

INSPIRATION FOR ARTISTS SUCH AS RAMON LLULL, ARCHDUKE LUDWIG SALVATOR, ROBERT GRAVES AND CHOPIN

The Serra de Tramuntana, imposing and evocative, is Mallorca's largest natural space with Deià and Valldemossa as reference points. It combines rural elements that have also been shaped by human hands, and which have been a source of inspiration and curiosity for great figures that are unquestionably associated with the location. Ramon Llull found peace

in Miramar where he wrote part of his works. Later, the Archduke fell in love with this spot where he could enjoy the sea and which still retains all its splendour today. Its peace and beauty inspired Robert Graves to settle in this paradise of olive trees and agricultural terraces, where the whisper of Chopin's melodies mark the rhythm of the spectacular sunset.

www.cartoixadevalldemossa.com | www.sonmarroig.com
www.lacasaderobertraves.org | www.serradetrabantana.net



Menorca, s'Albufera des Grau

BIRDWATCHING IN S'ALBUFERA DES GRAU NATURE PARK

Discover the species of birds that rest on their migratory journey on the island of Menorca

Many are surprised to discover this part of Menorca. S'Albufera des Grau is a beautiful natural park of more than 5,000 hectares of wild olive trees, wetlands and dune beaches stretching from Mahon to Es Mercadal. There are three different routes through the Park. Two of them start

at the Reception Centre and include birdwatching spots, ideal for birdwatchers who wish to see a multitude of water birds and birds of prey from close quarters. The third begins in the village of Es Grau and runs parallel to the coast. And don't forget to stop at the Favartx Lighthouse with its astonishing lunar landscape. There is nothing quite like it in all of Menorca!

www.balearsnatura.com



BRITISH AND FORTRESS ROUTE



Menorca, strategic island in the heart of the Mediterranean. Discover its fortifications

In the heart of the port of Maó, you can relive a bit Menorca's military history. The vast Fortress of Mola, full of underground galleries, fortified lines and old magazines, rises up in what is a beautiful natural setting. On foot, by bike, buggy or horseback... As you explore, you will discover its history against a backdrop of spectacular views of the coast. This remarkable journey into the past continues in the underground galleries of San Felipe Castle, on the south shore of Maó harbour. You can take an exhilarating night tour with uniformed actors, torches and cannon fire: a thrill-packed treat for the little ones! And in the centre of the port is the Isla del Rey. A guided tour will reveal all the secrets of the former military hospital that occupies this islet.

www.menorca.es
www.fortalesalamola.com
www.islahospitalmenorca.org

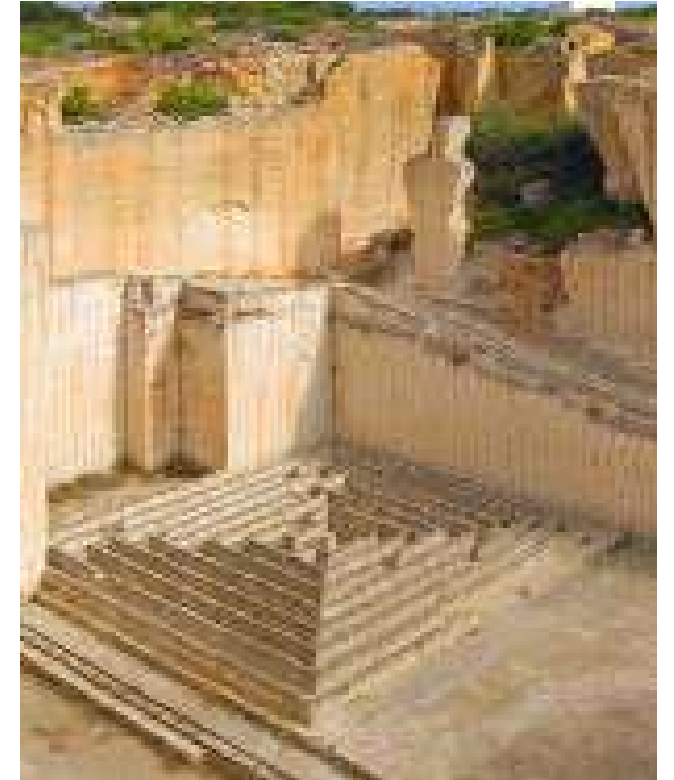
Menorca, Ciutadella

PEDRERES DE S'HOSTAL

Delve into the sculpted landscape of this breathtaking place.

After it ceased to extract stone, an original initiative of the Líthica association turned this former Menorcan marés (sandstone) quarry into a monumental sculpted landscape that will leave you amazed by its beauty. A space in which the results of mechanical and manual quarrying coexist with labyrinthine stone structures and a huge garden: it's definitely worth a visit. And if you get the chance, make sure you take in one of the many cultural activities – concerts, festivals and exhibitions – held in this unique enclave throughout the year. Pedreres de s'Hostal is just 1 km from Ciutadella.

www.lithica.es



TALAYOTIC ROUTE: THE STONES SPEAK

Treat yourself to a walk through the oldest history of Menorca.

Thousands of years ago prehistoric civilisations built the talayots, a kind of stone tower that probably served as housing, watch towers and defence towers. Navetas, taulas, burial caves and talayots today form an impressive network of perfectly preserved remains that have been nominated for inclusion on the UNESCO World Heritage List. Although you'll find more than 1,500 sites spread throughout Menorca, some are a must-visit: the Naveta des Tudons, a funerary construction that you will only find on this island, or the Talayotic villages of Torre d'en Galmés and Trepucó, have some of the most spectacular ruins. Treat yourself to a walk through Menorca's ancient past!

www.menorcatalayotica.info
www.menorca.es





CAMÍ DE CAVALLS ON HORSE, BIKE OR FOOT

Discover unique places on the island of Menorca, crossing the Camí de Cavalls.

The Camí de Cavalls is a historic path that runs along the entire coastline of the island. 185 km, 20 waymarked stages and thousands of treasures to be discovered on each section. From 1330 it was patrolled by the troops of King Jaime II, who watched over the coast from this beautiful path; the English and French later also made use of this coastal way with its spectacular views. Using it today gives you the opportunity to discover the most idyllic coves and beaches, natural spaces like s'Albufera des Grau or Cap de Favartix, defensive towers, farmlands, wetlands, cliffs and dunes. You can get around on foot, bicycle or horseback; however you decide to do it you will have an amazing experience!

www.menorca.es



VISIT THE LLOCS OF MENORCA

Icons of the Menorcan landscape where you can savour the best Mahón cheese.

The agricultural landscape of Menorca is dotted with llocs, isolated white houses surrounded by cereal fields and verdant grassy meadows. The land is home to grazing cows whose milk is used to make the renowned Mahón cheese, protected under a Designation of Origin. You can visit many of these llocs, often buildings of great architectural interest, complete with dairies, bread ovens, pantries, cold stores, livestock pens, coach houses and stables.

At the llocs you can also learn how Menorca's star product - Mahón cheese - is made. The Cheese Route includes all the cheesemakers where you can taste, buy and explore the world of this product, visiting places where cheese becomes an experience for all the senses. Let the best producers explain the secrets of this product, while you enjoy its choicest morsels.

www.quesomahonmenorca.com



IBIZA'S WHITE CHURCHES, SANCTUARIES FROM THE PAST

Discover the spirituality of the island of Ibiza visiting their traditional fortress churches.

There was once an island in the Mediterranean known as the "White Island" because all the buildings on the island were white. Although Ibiza today is awash with colour, it still retains its distinctive white churches, unique in the world, as they were designed as fortresses to protect the population from pirate attacks. Many of them still have defensive towers and look much like fortified castles. They are also the centre of the everyday lives of the village populations, a meeting place and a venue for parties and concerts. Discover for yourself the original architectural heritage of the island!

www.ibiza.travel

DRAMATISED VISITS TO THE NECROPOLIS OF PUIG DES MOLINS: THE LEGACY OF ANCIENT CIVILISATIONS

ALL YEAR, THE LAST SUNDAY OF EACH MONTH

Learn how ancient people lived on the island of Ibiza.

There are many ways to discover the traces of ancient civilisations on Ibiza, but none is as immersive and rewarding as this. Discover the past of the island narrated and represented by actors; a great day out for the whole family, an experience that delights both young and old. Through these dramatised tours you will relive the daily life of the Punic, Phoenician and Roman eras, their customs and funerary rites. And this will help you appreciate the value of the necropolis of Puig des Molins, an archaeological treasure with its splendid collection of sarcophagi and funerary elements for which it has been designated a World Heritage Site by UNESCO.

www.ibiza.travel



DRAMATISED VISITS TO DALT VILA

EVERY SATURDAY

Travel back in time to medieval Ibiza.

The cultural and ancestral heritage of Ibiza impresses visitors even more than its beaches. The walled enclosure of Dalt Vila, declared a World Heritage Site by UNESCO, is, along with the white churches that dot the island, one of the greatest examples of the island's architectural legacy.

An original way to see Dalt Vila is to attend the dramatised visits held there every Saturday. Actors vividly and spontaneously portray what life was like when this fort was built. A trip back in time to better understand Ibizan society.

www.ibiza.travel

ANCIENT SALT PONDS: SES SALINES NATURAL PARK OF IBIZA AND FORMENTERA

Experience a real landscape of salt gardens and virgin beaches.

A visit to this Natural Park is one of the best experiences that you could take home from your holiday. Between Ibiza and Formentera (known as the Pityusic Islands), you will find a natural area containing a rich ecosystem in which the ancient salt ponds turn the landscape into a picture postcard. The immense seabed, covered with meadows of *Posidonia oceanica*, makes the waters so clear that diving becomes quite a unique experience. Birdwatchers will enjoy spotting migratory birds that rest and nest here. Flamingos, herons... it's a paradise for ornithologists! And if that were not enough, Ses Salines also lays claim to some of the most beautiful beaches in Ibiza and Formentera. Go and discover one of the most striking landscapes of the Balearic Islands!

www.balearsnatura.com



FORMENTERA GREEN CIRCUITS

The best way to discover beautiful landscapes of the island of Formentera.

If this is your first time in Formentera you will soon discover the peace and tranquillity that pervades this magical Mediterranean island. A privilege that is enhanced even further if you decide to explore it on foot or by bicycle, in your own time, taking in all of the 32 green routes of Formentera in all its natural glory. These 32 multi-purpose circuits are intertwined paths totalling more than 100 km in length, giving you as many options as you can imagine to immerse yourself in the purest of natural settings, on foot, by bicycle or Nordic walking. You'll discover thousands of treasures such as the pink-tinged waters of Ses Salines, the endless beach of Ses Illetes, the rural inland landscapes or the iconic La Mola Lighthouse.

www.formentera.es

BALEARIC ISLANDS: A PARADISE FOR RELAXATION AND WELLBEING

The Balearic Islands offer a wide range of facilities aimed at the wellbeing of body and mind. A Mediterranean destination where you can rest and get away from it all, a place where you can enjoy a wonderful climate, beautiful landscapes, peace and quiet, and a healthy diet. In short, a refuge for the soul.

The islands have a wide range of centres specialising in spa and wellbeing services offering innovative balneotherapy and thalassotherapy treatments, and activities and experiences aimed at improving wellbeing and ensuring you enjoy a healthy holiday. There are centres located in modern facilities by the sea or in quiet places that inspire rest and relaxation.

They are the perfect place to look after your health, escape

the daily routine, rest and recover your natural equilibrium, while enjoying the calm and quality of life in winter.

You can also submerge yourself in the thermal waters of the Balearic Islands' only thermal spa, famous since time immemorial as the waters were used back in the Roman period when they were already known for their beneficial properties. The spa is located at the 5-star Font Santa Hotel, in the south of Mallorca.

Enjoy the pleasure and wellbeing of the natural thermal waters of the Balearic Islands, all in an idyllic setting: the protected natural area of Es Trenc beach and the Es Salobrar wetland in Campos.

Discover the healthy sustainable options that our islands offer.

www.illesbalears.travel | www.ibizaeswellness.com | www.ibizahealthbeauty.com | www.fontsantahotel.com



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FORmentor SUNSET CLASSICS

OCTOBER-MAY

A cultural experience at every level.

"Formentor Sunset Classics" is a unique concept from Barceló Hotels & Resorts, designed to allow our guests to enjoy an exclusive musical event in one of our country's most beautiful enclaves, Formentor.

Together with the expertise and meticulous attention to detail that the hotel brings to the organisation of special events, its privileged setting makes "Formentor Sunset Classics" a unique experience.

A unique backdrop in the Mediterranean. With top-class, internationally renowned artists and a very special programme. A gala dinner, in a select ambience, with elegant decoration and a haute cuisine menu.

www.formentorsunsetclassics.com

Formentera

ILLA DE FORMENTERA TRIATHLON

OCTOBER 6

Run, swim and cycle in the last paradise.

It's small but by no means less active than the other islands. Formentera will always be associated with outdoor sports. The Illa de Formentera Triathlon will launch its 7th edition with the firm objective of showing that the island can also be enjoyed (a lot) in October. The town of Es Pujols will host this event in which athletes can choose between the Sprint and Olympic categories; and within the Sprint category they may also choose to participate in teams.

Swimming, cycling and running are the disciplines that will become the beating heart of Formentera for a day.

www.unisportconsulting.com

Mallorca

MALLORCA MUSIC FESTIVAL

The "MALLORCA MUSIC FESTIVAL" event has been running since 2003, bringing music to the Mallorcan autumn. Over the last fifteen years the Mallorca Music Festival has been a success in Palma and has also stood out in the panorama of festivals beyond Mallorca's borders, receiving enthusiastic recognition and international praise. A lyrical event not to be missed.

www.musicamallorca.com

Ibiza

IBIZA LIGHT FESTIVAL

12-13 OCTOBER

This festival, now in its 3rd year, transforms the neighbourhood of La Marina and the port of Ibiza with illuminations, videos and performing arts. In terms of its cultural scene, Ibiza is up there alongside many other European cities with famous light festivals.

www.ibizalightfestival.com





Menorca

VUELTA CICLOTURISTA INTERNACIONAL A MENORCA

OCTOBER

Discover Menorca on your bike.

If you are passionate about travelling the world on two wheels, this event is for you. The 18th edition of the Vuelta Cicloturista will feature three days of exciting competition all over the island, passing through points as emblematic as the historical Camí d'en Kane or the winding mountains of S'Enclusa and Monte Toro. A 212-km challenge that tackles some of Menorca's most spectacular routes, suitable for amateur lovers of the sport. And to build up your energy, you can sample some typical produce from the island at a tasting event on the eve of the competition.

Sign up and discover the charms of Menorca on your bicycle!

www.menorcacicloturista.com

Ibiza

VUELTA CICLOTURISTA A IBIZA CAMPAGNOLO

12-14 OCTOBER

Cycling, for all levels and open to everyone.

A beautiful island, roads that wind through the purest nature, magical beaches and coves bathed by the Mediterranean and an ideal climate. What else do you need to start pedalling? This event, attended each year by some of the best cyclists in the world, is perfect for cyclists of all levels. The Vuelta starts on the Saturday with a cycle route that includes two timed sections, one of which will be a surprise. On the Sunday, the 4th Fiestas Patronales de Sant Rafel Trophy will be held, a 49.2 km circuit completely closed to traffic with two ascents of Ses Marrades. Will you take up the challenge?

www.ibizabtt.com/vuelta-cicloturista-a-ibiza/xiv



Mallorca, Palma

ZAFIRO PALMA MARATHON

OCTOBER 14

The Mediterranean marathon.

Enjoy Palma while you look after your health. This is the key to the success of this marathon, which is gaining new adepts every year. The race starts at 9 am in Parque del Mar, at the foot of the Cathedral. The route runs through the most charming areas of the city, which helps to make the effort worthwhile. In addition, once they have recovered their strength, participants will find themselves at the epicentre of the island's pulsing heart. Culture, restaurants, terraces... all you need to do is decide where you want to go to reward your efforts.

You may enter the category in which you feel most comfortable (marathon, half marathon or 10 km) and there are prizes for the top 5 men and women in each category. A real festival of sport, with activities for children, a post-race party and many more surprises.

www.zafiropalmademallorcamarathon.com

Mallorca, Palma

PALMA EARLY MUSIC FESTIVAL

This festival is traditionally held in venues with an important historical significance such as churches in Palma. In this way the heritage of the building is connected to the event, and as a result the music is enhanced and disseminated. The festival also inspires research into early music, as forgotten pieces from the musical repertoire are continually being recovered, giving rise to important studies in the field of the history of music, and all this sometimes using ancient instruments. The aim of the festival is to bring early music both to a specialised public and to the general public.

The dates for 2018 are Friday 5 October, Saturday 13, 20, 27 October and 3 November in various churches in the city. Entry is always free.

www.palmacultura.cat

Mallorca, Palma

BALEARIC SYMPHONY ORCHESTRA SEASON

OCTOBER - MAY

Musical virtuosity in the city of Palma.

With the arrival of autumn the Balearic Symphony Orchestra begins its chamber music concert season. A total of 15 concerts that will run until May 25 and will take place in the Palma Auditorium, an acoustic wonder that has hosted many internationally acclaimed shows.

The Balearic Symphony Orchestra is one of the leading symphonies in Spain. Founded in 1988, it is not only confined to the concert season in the Palma Auditorium, and can be listened to in many other places, such as Bellver Castle, the beautiful courtyards of Palma old town, or Mahon's Teatre. It also tours across the seas, giving concerts nationwide or in cities such as Perpignan, Cannes, Marseille and Vienna.

www.simfonicadebalears.net





Ibiza

IBIZA SABORS

OCTOBER - NOVEMBER

Gastronomic journey through the island of Ibiza.

The perfect opportunity for you to sample the small pleasures of Ibizan life and, while you're at it, to discover the island's culinary traditions. More than 50 restaurants on the island will participate in these delicious gastronomic events that pay tribute to emblematic dishes such as "bullit de peix", "guisat de peix" or "sofrit pagés", illustrating how typical local fare can be truly delicious. Ibizan products like red prawn, lobster, olive oil, sobrasada or "flaó" are the stars of a classical cuisine that is reinvented with generous lashings of creativity. You can also take in visits to wineries, oil presses and organic farms, organised to coincide with this event... There's so much going on! Get ready to enjoy a culinary journey through the most idyllic spots on the island, with fixed-price menus (20 €) and tapas plus drink (5 €).

Pure indulgence!

www.ibiza.travel.com

Mallorca, Palma

TAPALMA

OCTOBER

Gastronomic event in the capital of the Mediterranean.

All the talent of local chefs condensed in small and succulent morsels. Tapas are a way of life and TaPalma is the best tribute that can be paid to this gastronomic culture.

This is the Balearic culinary fair par excellence. Following the success of previous editions, this year more than 50 establishments are expected to participate. For 4 days the city exudes creativity, top-notch offerings and oodles of flavour. And the route also affords you an extraordinary opportunity to explore the charms of the old town.

This year the bars and cocktail lounges have also climbed on board this great initiative with D-COPAS, a route that complements the tapas with drinks or cocktails.

www.tapalma.es



Ibiza

SALT FAIR

The Salt Fair is held in October in Ses Salinas in Ibiza, an event that aims to raise awareness of the island's salt heritage, culture and traditions. The fair opens with a "fogueró" at the Era de l'Antic Nunt de Sal, as a reminder of the way the salt workers were summoned from across the island to work on the extraction of salt. At the Sa Sal Rossa Tower, which protected the old salt jetty, there are dramatized tours featuring characters dressed up as salt watchmen and pirates, and the Ses Salines d'Eivissa i Formentera Natural Park, the islands' most important and valuable natural space because of its immense biodiversity and unique ecosystems, also offers guided visits throughout the morning from the Interpretation Centre.

At midday restaurants in the area take part by offering a special menu of traditional dishes made from seasonal produce, with salt from Ibiza as the star of the show.

The fair is a tribute to the people who worked in the saltpans and, through various activities, it reveals the traditions that surround the manual extraction of salt.

www.santjosep.net/fira-la-sal



Mallorca, Peguera

CHALLENGE PEGUERA MALLORCA

Middle distance triathlon.

CHALLENGE PEGUERA MALLORCA is a middle distance triathlon that will be held for the fifth year running on 20 October 2018 in Peguera, Mallorca.

The race is part of the Challenge Family, one of the most famous international triathlon series that organises more than 30 triathlons over 4 continents. Challenge Family events are noted for their careful organisation and are aimed particularly at triathletes who are seeking attractive, enchanting locations where they and their family can enjoy unique events.

THE RACE

The Challenge Peguera Mallorca triathlon consists of a 1.9km swim, a 90km bike ride and a 21km run. The race includes notable circuits within the world of triathlon that stand out for their beauty, variety and difficulty.

The swimming section is a single lap course that takes place at the beautiful Torà beach in Peguera.

The cycle route consists of 2 laps of a circuit that combines spectacular mountain and coastal scenery as well as taking you through traditional villages. The route is technical and demanding, with some very fast sections.

The run is demanding and takes place entirely in the centre of Peguera. It includes four laps of approximately 4 kilometres along the busy boulevard and the promenade that connects the beaches of Torà, Els Morts and La Romana. The finishing line is located in the square that links the beach with the boulevard right in the heart of Peguera.

THE PLACE

Peguera is located in an idyllic spot between the coast of Calvià and the Serra de Tramuntana mountain range, which has been declared a UNESCO world heritage site.

Just 20 minutes from Palma, Peguera is one of the island's most popular spots with walkers, cyclists and now with triathletes.

PARALLEL ACTIVITIES

Challenge Peguera-Mallorca is more than just a triathlon. It is a global experience that goes beyond putting on the best triathlon. An extensive and varied programme of activities throughout the week ensures that triathletes and their families and friends will be able to make the most of their stay in Mallorca.

www.challenge-mallorca.com
www.facebook.com/challengepegueramallorca
www.instagram.com/chmallorca

Mallorca, Alcúdia

LONG COURSE WEEKEND

27th-29th OCTOBER

This unique event lasts three days at the end of October – the perfect way to end your season of racing. This fun inclusive format is ideal for clubs, training groups and families to come along and enjoy the benefits of training and racing together.

In the northern part of the island of Mallorca, Alcúdia is an area known worldwide for its wide range of accommodation and an unbeatable environment that make it a reference destination for practicing sports. Its wide offer of leisure, culture and gastronomy along with its incredible beaches make Alcúdia into an unbeatable vacation destination.

To kick-off the weekend on Saturday, the Long Course athletes have *The Swim* to complete – a 3.8km open water swim. *The Swim* also has a 1.9km swim, 1.5km swim and 750m, swim all to correspond with triathlons most popular distances.

On Sunday the attention turns to *The Sportive*, and 172km of undulating countryside that also incorporates 86km, distance to attract athletes of all abilities.

To finish the weekend, the athletes will complete *The Run* – a 42.2km marathon.. There is also a 21.1km run, 10km run and a 5km run which allows everyone to be involved.

Nearly 2500 competitors are expected to attend the LCW with approximately 1000 athletes attempting to receive the Long Course Weekend medal, which entails completing all three of the longest distances. Successful LCW athletes will be awarded with the LCW medal.

Competition Dates: Saturday 27th The Swim, Sunday 28th The Sportive, Monday 29th The Run

Competition Venue: Alcúdia, Mallorca

Distances: 3.800 meters Swim, 172Km Bike, 42,195Km Run

www.lcwmallorca.com

Ibiza

ENERGY WEEK IBIZA

20-26 OCTOBER

If you are seeking to improve your wellbeing, why not come to Energy Week Ibiza. Now in its eighth year, it is held over various locations across Ibiza and gives you the opportunity to take part in a series of incredible wellbeing events and activities in the open air: experiences, seminars, mediation, art, music, healthy picnics and general activities dedicated to your wellbeing in various spectacular locations on the island of Ibiza, such as Sant Rafel and Cala Benirràs.

This event will help you absorb your vibrations and recharge after a long summer season, as well as improving your concentration and your quality of life in general.

Seven days of yoga, Reiki sessions, massage through sounds, tarot and numerology readings, energy therapy and many more holistic approaches that will help you find your internal equilibrium and that of your health.

www.energyweekibiza.com

Ibiza

IBIZA TRAIL MARATHON

OCTOBER 28th

Nature, landscape and sport come together in a race for the brave.

Sant Antoni de Portmany is a town with very close links to sport. Proof of this is the fact that it is organising the Ibiza Trail Marathon for one more year, a race that runs along northwest Sant Antoni, with spectacular views, lush vegetation and, quite simply, a setting that brings runners out in their droves.

There are three trails: the 10-km Light Trail, the 21-km Medium Trail, and the 42-km Marathon Trail.

The starter's gun will get the race underway in the marina of Sant Antoni de Portmany. An event for the more intrepid of souls.

www.ibizabt.com

Formentera

BTT VOLTA CICLOTURISTA FORMENTERA & BTT LA MOLA

OCTOBER

Only suitable for experienced athletes

It is autumn in Formentera, the best time of the year to get on your bike and roll around the island; and there is no better occasion than BTT races in order to bring excitement to the quiet month of October. Who will be your fellow travelers? The beautiful landscapes of Sant Francesc, La Mola and La Savina, a mild climate and intrepid mountain cyclists. Join the challenge of BTT Volta Cicloturista Formentera and enjoy three stages with a total of 113 km and an ascent of 1,186 meters. And if you're looking for an even greater challenge, BTT La Mola will be also taking place together with the second stage of this competition, with a harsher course only suitable for experienced athletes!

www.bttformentera.net



Ibiza

CAMPEONATO EUROPEO MULTIDEPORTE

20-27 OCTOBER

1 island, 5 venues, 6 days of competition, + 2,500 athletes, + from 30 countries

October 20th; Duathlon AG Sprint, Elite and U23 in Santa Eulària

October 21th; ParaTriathlon, Junior and AG Standard in Santa Eulària

October 23rd; Duathlon Cross Elite, U23, Junior, ParaTriathlon and AG in Port de Sant Miquel

October 24th; Aquathlon Elite, U23, Junior, ParaTriathlon and AG in Sant Antoni

October 25th; Triathlon Cross Elite, U23, Junior, ParaTriathlon and AG in Cala Bassa (Sant Josep)

October 27th; Middle Distance Triathlon Elite and AG; and Aquabike AG in Figueretes (Ibiza)

www.triathlon.org

Menorca

ILLA DE MENORCA HALF MARATHON

SECOND FORTNIGHT

Ciutadella at marathon pace.

The Illa de Menorca Half Marathon celebrates its thirteenth edition as a benchmark for athletics in the Balearic Islands. This year's slogan is "live your challenge", and the event will cater to runners of all levels, with one course of 10 km and another of 21.097 km. And the backdrop will be the beautiful seafront promenade of the Port of Ciutadella and the streets of the old town: a street circuit that starts at Plaza del Borne. Get ready for a challenge that brings together hundreds of athletes from the island and beyond!

www.mitjamenorca.com

Mallorca, Palma

CATHEDRAL OF MALLORCA INTERNATIONAL ORGAN FESTIVAL

OCTOBER. EVERY SUNDAY



A breath-taking scenery for lovers of organ music.

Held since 2000 to commemorate the anniversary of the death of composer Johann Sebastian Bach, over the years it has established itself as a must-see event for lovers of organ music. Every Sunday in October, you can enjoy a concert that brings world-renowned organists to the beautiful setting of the Cathedral of Mallorca. You will be spellbound by the acoustics of this immense 44-metre high Gothic church and the unique light that seeps through the multicoloured rosettes. A magical experience!

www.catedraldemallorca.info

Mallorca, Palma

THE “Llonguet” ROUTE

Palma’s most famous bread roll

Every Wednesday between October and April you can sample Palma’s most famous bread roll along the “Llonguet” route. A large number of bakeries and cake shops in the city will be taking part.

You will have the chance to savour a wide variety of these traditional bread rolls, easily distinguishable by the crack down the middle and the pale colour, filled with classic cured meats, sobrasada, cheese or more innovative gourmet offerings. If you want to find out more about the culture, roots and traditions that surround this delicious bread roll don’t miss the Llonguet Fair, held in April in Es Pil·larí, 12 km from Palma

- [f Ruta del Llonguet](#)
- [f Fira-del-Llonguet-Es-Pillar](#)



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Mallorca, Palma

THE CATHEDRAL’S FIGURE OF EIGHT

NOVEMBER 11 / FEBRUARY 2

Magic and Mystery in the Cathedral of Mallorca.

It happens only twice a year: the Cathedral’s large and small rosettes align to form an 8 wrapped in magic and mystery. The two dates are 2/2 and 11/11, Candlemas and Saint Martin’s Day, respectively. Experts say that the rosettes were not specifically designed to create this phenomenon, a fact that intrigues the general public all the more. The first rays of morning light illuminate the main facade triggering an explosion of colour from the 1,116 pieces of glass that make up the larger stained glass window, also known as the “Gothic Eye”. This Gothic jewel can be admired any day of the year. So go see it for yourself...

www.catedraldemallorca.info

Mallorca

I WHEELCHAIR GOLF WORLD CHAMPIONSHIP (I WWG HANDISPORT MALLORCA)

Given the success of the IV International Disabled Open Handisport, and after realising that Mallorca is the ideal destination for holding inclusive international sports tournaments, we have decided to hold the I Wheelchair Golf World Championship here, which will take place between 15 and 17 of November.

This is a tournament with great international impact as it will be the first edition organised by the Handisport Foundation in collaboration with the Balearic Islands Tourism Agency and with the support of Lluçmajor town council.

The event will take place at the Son Antem Golf Course in Lluçmajor, an accessible location that has two courses where the tournament will be held.

More than 40 participants are signed up for this first edition, with players from the United Kingdom, Ireland, Sweden, France, Switzerland, Spain, Argentina, Brazil, the USA, South Africa, Thailand, Australia, Austria, the Netherlands, Denmark, Norway, Finland, the Czech Republic and Germany all expressing an interest.

www.handisportmallorca.org



Mallorca, Palma

EVOLUTION MALLORCA INTERNATIONAL FILM FESTIVAL

NOVEMBER

Cinema days.

Despite only being around for a few short years, the EMIFF has become one of the most respected film festivals in the Mediterranean. Some of the brightest minds and most prestigious film directors, and their fans, will gather in the Mallorcan capital to put their talents on display, to screen their works and, at the same time, to enjoy one of the most photogenic places on Earth. The festival will also celebrate documentaries, music videos, animation shorts and experimental shorts. It is the ideal venue for independent filmmakers to rub shoulders with fellow professionals and to keep abreast of new trends. Most events will take place in the Teatro Principal, in Cineciutat, Port Adriano and the Es Baluard Museum of Contemporary Art.

www.evolutionfilmfestival.com

Mallorca

SAINT CECILIA WEEK

WEEK OF NOVEMBER THE 22nd

The music festivities fill the churches of Mallorca.

The festival of music. In the days leading up to the feast day of St. Cecilia, Roman martyr and patroness of musicians, the island resonates with music of all styles and formats. Palma, for example, pays homage to this saint with a series of free concerts in churches and the city's cultural centres. Throughout the week, young local artists and musicians of international renown will gather in the capital; it's a great way to discover some of the beautiful churches of Palma and to enjoy the best live music at the same time. Pollença, Muro and Artà are other places that will be celebrating this festival of music with a wide range of stimulating events and concerts.

www.palma.cat

Menorca, Maó

SAINT CECILIA CONCERT

NOVEMBER 27

The Mahon choir celebrates the patron saint of musicians.

Created during the second half of the 19th century, the Orfeón Mahonés (a choral society from Mahon) has performed at serenades, dances and other events. This activity has never been interrupted since then and today, already celebrated its 125th anniversary, it is one of the most famous musical ensembles in Menorca. It is one of the oldest choral societies in Spain with over 40 spectacular voices. Don't miss this excellent opportunity to enjoy its breath-taking mise en scène and formidable vocal quality during the Saint Cecilia Concert, an annual event celebrated around the feast day of the Patron Saint of Musicians, November 22. You will be mesmerised!

www.orfeonmahones.org



Mallorca, Caimari

CAIMARI OLIVE FAIR

The traditional Olive Fair takes place at the end of November in Caimari. Located in the foothills of the Serra de Tramuntana mountains, Caimari is an idyllic spot dotted with beautiful groves of olive trees with their silver leaves and twisted trunks.

Caimari has a long olive tradition, and during the fair olive trees, olives and olive oil take centre stage. The entire village is decorated and the streets are filled with exhibitions and stalls selling all manner of local products, especially olives and olive oil.

Olives flavoured with Mediterranean herbs, garlic or citrus fruit; bread and open pies made with olives and pickles; olive oil and olive wood crafts are just some of the products that will undoubtedly attract your attention during your visit to Caimari. You can also visit the old working oil mill and museum and discover the traditional method of making olive oil.

There will be music, competitions, tasting sessions of other traditional products from this period of the year, such as the local *ramellet* hanging tomato, and traditional sporting challenges such as the sling throw. The fair offers all manner of entertainment in an unforgettable village setting.

www.ajselva.net/caimari

Mallorca, Calvià

CALVIA, MEDITERRANEAN WINTER

NOVEMBER-APRIL

Calvià offers a wide range of free activities for tourists staying in the area during the months of the low season. Hiking and walking, concerts and performances, traditional product tasting, culinary and craft workshops, coach trips, visits to wineries and others places of interest - these are just a few of the many choices that Calvià has offered visitors between the months of November and April every year for the last 25 years.

www.calvia.com
www.visitcalvia.com



Mallorca

ALTERNATILLA JAZZ IN MALLORCA

NOVEMBER - DECEMBER

A jazzy island.

This cultural project is the meeting point between local, national and international musicians. An astonishing program of jazz concerts, workshops and photo exhibitions to enjoy the island also in autumn. The key to success and the motto of the festival are to prioritize quality above commercial works or styles, thus presenting a truly attractive and different leisure alternative which will take you through the different venues of the island. In order to maximize the effect of each show, concerts are programmed in different locations. This year the festival gathers a large selection of emerging jazz form the Netherlands.

www.alternatilla.com



Mallorca

STUDIUM AUREUM FOUNDATION CONCERT SEASON

NOVEMBER-JUNE

A gift for your ears!

The foundation was created in 2009 by musical director Carles Ponseti, and it seeks to promote artistic values and to support the work of its musicians through concerts and activities. Two groups are the life and soul of the Foundation, Studium Cor de Cambra, a choir that explores new musical forms as it seeks to surprise its audience, and Studium Aureum, a vocal-instrumental group that recreates music from the past. You can enjoy their eclectic repertoire in the Concert Season they organise every year in the Auditorium of the Conservatorio de Palma. An initiative that groups together intriguing selections in cycles, special editions, performances and lectures. A treat for music-lovers!

www.fundaciostudiumaureum.cat

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Mallorca, Palma

TROFEO CIUTAT DE PALMA REGATTA

DECEMBER

Palma Bay unfurls its sails.

The Real Club Náutico de Palma once more plays host to the Trofeo Ciutat de Palma: 67 editions and counting. And no wonder, since this dinghy sailing competition has truly established itself as a premier sporting event. More than 600 sailors from around the world will compete for the coveted trophy in various classes, including Optimist, the class that serves as an introduction to sailing, and which will feature more than 400 boats. Take to the seas and enjoy this exceptional competition which takes place in the calm waters of the bay of Palma and which will feature many more activities.

www.trofeociutatdepalma.com





Mallorca

THE SONG OF THE SIBYL

DECEMBER 24

Christmas Eve on Mallorca has a very religious tone. Virtually all the churches on the island celebrate *Matines* (Midnight Mass) to commemorate the birth of Jesus. The highlight of this gathering is the *Cant de la Sibil·la*, which fills awestruck listeners with wonder year after year. Declared a Masterpiece of the Oral and Intangible Heritage of Humanity by UNESCO in 2010, this is a sight worth seeing. The song is ancient but the tradition is preserved only in Alghero (Sardinia) and Mallorca. The most spectacular matines are those of the Cathedral and the Sanctuary of Lluç, where the children's choir known as *Els blauets de Lluç* round off a night full of fellow feeling and good wishes with their extraordinary voices.

www.catedraldemallorca.info
www.lluc.net
www.infomallorca.net

Ibiza

TWO DAY IBIZA TRIAL

DECEMBER

A major event for trial fans.

An absolute classic for trial fans, this, the 26th edition, is chock-full of new developments. Changes to the route, new locations... The organisers of the Two Day Ibiza Trial want to surprise participants and spectators alike at this exciting event. The final route, yet to be confirmed, will run through the famous town of Sant Antoni de Portmany and will feature mountain sections and gorgeous coastlines, as well as the mythical stop in Cala Salada to regain strength. As in previous editions, you can register for any of the five levels of difficulty and enjoy the competition's entertaining closing dinner.

www.motoclubfe.com



Ibiza

SANT MATEU D'ALBARCA LOCAL WINE FESTIVAL

Don't miss Ibiza's most popular wine festival.

The peaceful village of Sant Mateu d'Albarca, located in the north east of the island, some 20km from Ibiza Town, invites you to come and taste some young wines produced on the White Isle, accompanied by some of the best local charcuterie.

On the second Saturday of December this small village celebrates the traditional Festa del Vi Pagès (local wine festival), a day devoted to tasting young wines from small and medium wineries in Ibiza. As well as the wine, meats such as sobrasada and butifarra sausages prepared over winter are cooked on barbecues to accompany the island's exquisite wines.

A true festival of wine and local produce and the perfect occasion to discover the authentic rural Ibiza.

visit.santantoni.net/es-es/

Mallorca, Palma

PALMA NATIVITY ROUTE DECEMBER-JANUARY

Christmas comes to the city of Palma.

When Christmas arrives in Palma it brings with it all sorts of figures and ornaments. It is time for families to take to the streets to browse and do some shopping. At the same time convents, churches and cultural centres exhibit their nativity scenes, some of them real treasures like the Palau March nativity scene, an eighteenth-century Neapolitan nativity scene composed of more than two thousand meticulously crafted pieces, or the nativity scenes of the convents such as the Monastery of Purísima Concepción, Santa Magdalena and Santa Clara. And continue the route to the Sa Nostra Social Centre to see its curious island-shaped traditional Mallorcan nativity scene. The Palma City Council nativity scene is set in one the most emblematic places in the city, the most nostalgic without a shadow of a doubt! And there are more; come and see them for yourself!

www.palma.cat | www.infomallorca.net

Mallorca, Palma

SAN SILVESTRE JUANEDA

DECEMBER 26

Join the most anticipated race of Christmas.

Palma has launched its own version of this popular race, hosted by large cities around the world. Since its first edition in 2013, participation has doubled every year, making it a modern Mallorca Christmas classic. The Palma San Silvestre road race will be held on December 26 and will feature more than 2,000 runners. With two distances to choose from, the circuit runs mostly through the beautiful Bellver Castle, an unbeatable setting with a manageable course that is suitable for athletes of all levels. And it's not just about the sport; there's also plenty of room for some fun. Prepare your fancy-dress costume and sign up for the most keenly anticipated race this Christmas!

www.elitechip.net

Ibiza

IBIZA THREE DAY TRAIL

DECEMBER

Test yourself on the beautiful island of Ibiza.

A hot ticket for running enthusiasts. Three days of enthralling competition in the countryside, running some of the most spectacular trails that run through the heart of Ibiza. And the best part is that you can tailor the trail to your own abilities, choosing the stages that you prefer. If heights hold no fear for you we recommend you enter Saturday's main event: a marathon with a climb of 1900 m that will reward you with an almost complete view of the island, passing through Es Vedrà and the idyllic Cala Tarida and Cala Comte, where the event will draw to a close with an amazing sunset. Quite stunning!

www.trailibiza.com

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Mallorca, Palma NEW YEAR'S CONCERT

HAPPY NEW YEAR!

For many years now the Balearic Islands Symphony Orchestra has celebrated the arrival of the new year with a special concert. The programme, inspired by the traditional concert given each year in Vienna, includes favourite pieces such as the Napoleon-Marsch, the Blumenfest-Polka, the Emperor Waltz and the Champagne Polka. The evening usually draws to a close with the Radetzky March, with the audience clapping along in time to the music.

www.auditoriumpalma.com



Ibiza

FESTIVAL DE BALL I CANÇONS DE LA NOSTRA TERRA (FESTIVAL OF SONG AND DANCE)

JANUARY

Sample Ibizan culture and folk dance.

This is one of the most established of all Ibiza festivals. Sant Antoni de Portmany's Regio Cinema has been hosting this impressive display of Ibizan culture and folk dance for decades. It is a journey into the past, an immersion in the traditions of the "white island" through the sounds of yesteryear, colourful costumes and folk dances offered by the famous colles (troupes) of the municipality. It is always held in January as part of the town festivities dedicated to Sant Antoni.

www.santantoni.net

Mallorca

SANT ANTONI AND SANT SEBASTIÀ

JANUARY 16 AND 17 / JANUARY 19 AND 20

Fire and demons, stars of the winter holidays.

These two saints take pride of place in the January festival calendar. Every year, on 16 and 17 January, is the festival of Sant Antoni, patron saint of animals, loved by the islanders. The most spectacular celebrations take place in Sa Pobla, Manacor and Artà where *foguerons* (bonfires) and *dimonis* (demons) take centre stage at one of Mallorca's most well-loved holidays. Then, during the week leading up to 20 January, the feast of San Sebastian, patron saint of Palma, the city becomes a hotbed of activities, music and many other options for all ages. A particular highlight is the *Revetlla de Sant Sebastià* (19 January) a full-on festive night with concerts in every square of the capital, and bonfires where residents and visitors gather to toast local produce over the flames.

www.palma.cat

Mallorca

MALLORCA CYCLING CHALLENGE RACE PLAYA DE PALMA

JANUARY 24-27 www.vueltamallorca.com

The event of the year for professional cyclists in Europe.

Organised by Unisport Consulting, the first annual major event on professional cycling in Europe is back with the presence of the best Uci World Teams presenting their stars in Mallorca. After celebrating its 25th anniversary, the Cycling Challenge

Menorca

FESTES DE SANT ANTONI ABAD MENORCA

JANUARY 17

Menorca celebrates the festivities honouring its patron

This is a festival that is celebrated throughout the island as Sant Antoni Abad is the patron saint of Menorca. On the eve of the festival (January 16) *foguerons* (bonfires) are lit in the streets and squares so people can roast their *sobrasada* and *botifarrons* and begin to celebrate the big day, on January 17. *Ses beneïdes* (the blessing of animals) is one of the most popular activities. Menorcans take their pets to be blessed as farmers used to do with their cattle so that the coming year would be productive and to venerate Sant Antoni, patron saint of animals. It is a very festive day with a great variety of events, markets, parades... In Ciutadella, for example, the "tres tocs" procession symbolises King Alfonso III's entrance into the city in 1287, when he freed Menorca of its Muslim occupiers.

www.menorca.es



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Ibiza, Santa Eulària des Riu THE CRAFT FAIR

Puig de Missa · Santa Eulària.

This craft fair brings together artisans from the island along with many more from other regions and it's celebrated on the Sunday after the local festivity of Santa Eulària (February 12th). The get-together takes place in the picturesque enclave of Puig de Missa, where more than 50 artisans show and sell their local food, fair trade products and handicrafts.

www.visitsantaaulia.com



Menorca

JORNADES GASTRONÒMIQUES DE PEIX

FEBRUARY

Weekends with sea flavour.

Two consecutive weekends that will have you drooling with anticipation. Restaurants throughout Menorca will celebrate these gastronomic days with a special lunch menu based on fish or seafood. Although different in each establishment, menus prepared for the occasion will not be short on Menorcan classics such as fish stew or the delicious "peix de roca". A perfect excuse to sample stunning fare while discovering some of the most beautiful spots in Menorca that will be hosting this delicious initiative. Check the programme and book ahead to make sure you don't miss out on the menu.

www.gastronomiamenorca.es



Ibiza

LLUM D'AMETLLER NIGHT WALK

FEBRUARY

The village of Santa Agnès de Corona hosts one of its most popular activities on the day of its patron saint. This is the traditional *Llum d'Ametller* walk, where participants hike from Sant Antoni to Santa Agnès, passing through Cala Salada and the Vall de Corona, surrounded by the almond trees which blossom at this time of year. The route takes about 2 and ½ hours and at its end, you can enjoy a supper of *torrada*, *sobrasada* sausage, sandwiches and a disco featuring music from all eras. On the Sunday morning, runners line up for the *Flor d'Ametller* (almond blossom) fun run, organised by the Sa Raval Athletics Club.

www.ibiza.travel

Mallorca

ALMOND BLOSSOM

FEBRUARY

Each year, during the months of January, February and March, while other areas of Europe are still shivering in bleak wintery landscapes, Mallorca enjoys an annual spectacle, known to some as 'the miracle of the almond blossom', when the almond trees suddenly burst into life, scattering colour across the winter scenery. Taking delightful walks among the almond groves, and following tranquil and scenic routes, visitors can discover the wealth of heritage and natural beauty that the island of Mallorca offers during the first months of the year. No one who comes to Mallorca at this time of year and visits the island's almond groves can remain unimpressed at the spectacular sight of the blossom with its promise of the imminent arrival of spring.

www.infomallorca.net



Mallorca

POWERMAN

FEBRUARY

Powerman Duathlon is the most recognized brand worldwide. It is owned and managed by the **IPA**, International Powerman Association, and summons the best of both professional duathletes of the planet as fans of all ages. Although the format of Duathlon, **Run-Bike-Run**, is simpler than the Triathlon, it is however, a test that increasingly has more followers who want to prove themselves and overcome their physical limits.

Can Picafort hosts Duathlon international recognized testing worldwide: **POWERMAN.**

The situation of Can Picafort and its hotel offer sport-centric make that Can Picafort is the place chosen for its preparation by many duathletes and peoples professionals of all Europe.

www.powermanspain.com

Menorca

TRAIL DELS FARS (THE LIGHTHOUSE TRAIL)

FIRST FORTNIGHT OF FEBRUARY

The 44 kilometres between the lighthouse of Cavalleria and the finishing line of the Trail dels Fars in Menorca are an adventure for all the senses. The event includes a series of different races and takes place on Sunday 3 February 2019. With three years behind it and more than 1,400 participants, the race, organised by Biosport Menorca and Elitechip, has marked itself out as an ideal choice not only in the sporting sense but also as a social event - it makes the perfect excuse to visit the enchanting island of Menorca during low season, far from the busy crowds. This is a challenge that has attracted world-class runners such as world champions Nuria Picas and Tòfol Castanyer, Fernanda Maciel, Toti Bes, and Pau Capell and Laia Díez, both champions of the Spain Ultra Cup. The fun run starts 12 kilometres from the finishing line and welcomes all kinds of runners, from the most competitive to those just starting out, and anyone who wants to take part in one of the most popular races on the Balearic calendar.

www.visitmenorca.es

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Menorca

CAMÍ DE CAVALLS EPIC 360°

FIRST FORTNIGHT

Live a legendary adventure through the historic trail around the island.

A mountain race in stages: three days of adventure and an entire island to cover. This is the most epic of Menorcan competitions! Find a partner because this thrilling race is one for teams of two people. Together you will be running the Camí de Cavalls, a historical trail that runs around the edge of the island and that will take you through canyons, valleys, mountain streams, watchtowers, lighthouses and some of the most spectacular coves of Menorca. You have three categories to choose from and the possibility of spending the night at the end of each stage if you opt for the packages offered by the organisers. Go for it, choose your challenge and have an adventure to remember!

www.epictrail360.com

Mallorca

ISLA DE MALLORCA CLASSIC RALLY

MARCH

Old time classics tour the island.

Spring comes roaring into Mallorca with the revved-up engines of the world's most exclusive classic cars. This is the Isla de Mallorca Classic Rally, also known as the Oris Classic Rally, since the Swiss brand has been an official sponsor of this magnificent event for some years now.

Three days during which the island becomes a parade of motoring collector's items, to the delight of drivers and fans alike. Stratos, AC Cobra, Jaguar E-Type, TVR... these are just some of the models that will criss-cross the island's landscape during the competition. The sheer number of participants from foreign countries is quite astonishing, proof of the international impact of this championship.

www.orisrallyclasico.com

Mallorca, Palma

OPERA IN PALMA'S TEATRE PRINCIPAL

Over its 160-year history, opera has always formed part of Palma's Teatro Principal's artistic identity. After 31 years, the opera season at the Teatro Principal well deserves its preeminent position among Spain's great opera spaces. The prestige it has gained over the last few decades will be strengthened further with the excellent productions it has planned for spring 2019.

The arrival of spring marks the start of the opera and ballet season at Palma's Teatro Principal for another year. The programme combines some of the great classical pieces with other historical and newly created works from the Balearic Islands' musical repertoire, with the aim being to offer wonderful music and staging. It's the perfect opportunity to enjoy some outstanding productions.

www.teatreprincipal.com



Menorca

FIRA DEL CAMP DE MENORCA AND MENORCAN FRIESIAN CATTLE LIVESTOCK SHOW

SECOND FORTNIGHT

If you like the countryside, this is your fair.

This is the quintessential country fair. The Fira del camp, held each year in the La Trotxa Alaïor industrial estate, celebrates its 32st anniversary as one of the Menorcan events that pulls in the largest crowds. It is a meeting point between rural folk and all those who love the fields, the countryside and the landscape of Menorca. More than 70 exhibitors of agricultural machinery, food products, crafts, flowers, horse riding apparel, farming tools, etc., are at your disposal for two whole days. The extensive programme of activities includes a horse show, a Menorcan meat tasting, concerts, exhibitions and the Cattle Livestock Show, the hot-ticket event of the weekend. If you like all things rural, this is your show.

www.alaior.org

Mallorca

K42 AND K21 MALLORCA

MARCH

The Tramuntana Mountains put you to the test.

If running is one of your passions, running the Serra de Tramuntana will make you love this sport even more. Two trail running competitions – 42 km and 21 km – take place in this natural treasure that has been declared a World Heritage Site by UNESCO. Starting from the Finca Pública d'es Galatzó, you will cross steep and rugged landscapes on a course that runs through holm-oak forests, streams and cliffs with a breathtaking view of the Mediterranean stretching out below. After the ascent to the summits of Galatzó and Esclop, you will descend typical mountain trails to sea level, reaching the secluded beaches of Paguera, in the municipality of Calvià, to finally reach the finish line!

www.k21mallorca.com

Ibiza, Santa Eulària

CURSA PASSEIG A PASSEIG

MARCH

On foot, by bike or rollerblading. It's your pick!

Imagine four different circuits in a single race. This is the Cursa Passeig a Passeig, hosted by the bohemian town of Santa Eulària on the island of Ibiza. On foot, by bike or on skates, you choose how to compete. If you opt to run, there are two different circuits, one of 15 km from Paseo Vara del Rey to s'Alamera, and a Mini course of 1,500 metres from Calle Sant Jaume. Skaters have another 15 km, while cyclists can enjoy a pleasant non-competitive ride. It is a day to be enjoyed in a festive and relaxed atmosphere, ideal for you to partake in your favourite outdoor sport.

www.atletismo-ibiza.com



Ibiza,
 Sant Josep de Sa Talaia

SANT PEPE ROCK

SECOND FORTNIGHT

The rockier night in Ibiza.

Rock lovers are in luck, Ibiza's number one rock event is back! In case you weren't aware, Sant Pepe Rock is an annual festival which is part of the Sant Josep de Sa Talaia festival programme, which by the way is one of the most beautiful towns on the island. By day, explore this compact but lively town and visit the picturesque church square, which on nights like these is lit up like never before with the play of light and colour of the fireworks. And once night has descended you can revel in the sounds of the great icons of Spanish rock: Fangoria, Kiko Veneno, Fito y Fitipaldis... Sant Pepe Rock is always full of surprises, but it's also a surefire great night out. Do yourself a favour and book your tickets now!

www.santjosep.net

Menorca, Maó

LLATZERET IN MAÓ

MARCH / OCTOBER

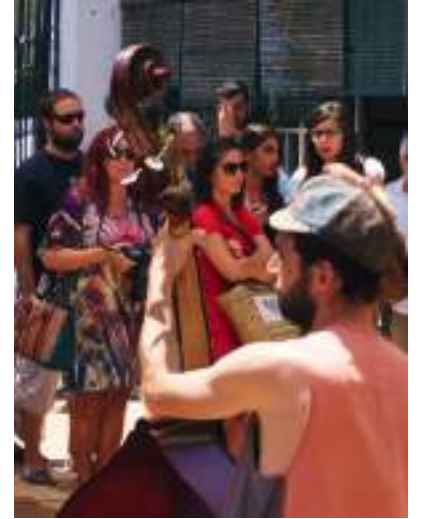
The arrival of the Bubonic plague on Menorca's shores from ships coming in from the East and from northern Africa prompted the Count of Floridablanca, Minister of King Carlos III to commission the building of the Llatzeret in Maó on the King's orders in 1793.

This unusual historical building complex was originally meant as a sanatorium where patients could be quarantined during the constant outbreaks of Bubonic plague. The British government had already built a small complex on what was known as Illa de la Quarantena ("quarantine island"), which was used in the 19th century when the harbour became severely congested. The sanatorium was opened in 1817 and was closed down after a century until, years later and following some refurbishment, it was converted into a venue for meetings and for national and international conferences. It is also a place where visitors can get a sense of what life was like in the 19th century, thanks to the wonderful spaces and buildings that have been preserved all over this small island.

The complex was declared an Asset of Cultural Interest in 1993 and is in one of the most beautiful places on the Menorca coast, on a small island in the centre of the harbour of Menorca's administrative capital.

Teléfono: 902 929 015

www.menorca.es



Menorca

FESTIVAL JAZZ OBERT

MARCH / APRIL / MAY

Spring in Menorca swings to the rhythm of Jazz.

Spring in Menorca moves to the rhythm of jazz. This festival, which has truly come of age, is one of the most keenly anticipated by jazz fans.

The organisers say that chose the name Jazz Obert (Open Jazz) precisely because they seek to open up the world of jazz to new proposals, new talent, new ideas. The festival runs across the months of March, April and May and graces the island's major venues: Ciutadella's Teatre Casino Nou, Mahon's Sala de Cultura 'Sa Nostra', the Auditori de Ferreries, Mahon's Claustre de Sant Francesc and Teatre Principal, among others.

www.jazzobert.com



Formentera

ISLA DE FORMENTERA ROAD CYCLING TROPHY

MARCH

The best scenery in Formentera on wheels.

From the Bohemian town of La Mola to the turquoise waters of Es Caló, passing through Sant Ferran, Es Pujols and Sant Francesc. A route through the picturesque scenery of Formentera on two wheels. Sun and sea, peace and tranquillity; in the Isla de Formentera Road Cycling Trophy you will be able to soak up that special aura that is unique to this island. A trial suitable for both amateurs and professional cyclists, which combines gentle stretches and climbs with all the proper measures so you can enjoy it safely. Many fall in love with Formentera when they discover it by bicycle; now you can do the same in this iconic competition.

[g.e.spalmador.formentera](https://www.g.e.spalmador.formentera)

Ibiza, Santa Eulària

FIRA DES GERRET

This 4th edition will arrive in Santa Eulària, as usual, on the first Saturday of March. In the Fira des Gerret, organized by the fishermen's associations of the island, the caramel, traditional fish in Ibiza, is presented in many versions, both traditional and innovative. The entire town is filled with people who gather around the food stands of restaurants throughout the island.

www.visitsantaeulalia.com

Menorca

GASTRONOMIC FAIR CELEBRATING LOCAL SEASONAL PRODUCTS IN MENORCA

MARCH

The gastronomic fair to celebrate local seasonal products in Menorca will take place within the framework of the celebrations for the Day of the Balearic Islands on 1 March, with the aim of raising awareness and promoting seasonal products from Menorca.

At the fair you will be able to sample creations by chefs from Menorca's top restaurants, made with local seasonal products.

menorcarestaurants.com
www.winesofmallorca.org



Mallorca, Palma

SAR PRINCESA SOFÍA SAILING TROPHY

MARCH / APRIL

www.trofeoprincesasofia.org

The queen of light sail regattas.

We love regattas. It would be a waste if we didn't take full advantage of all that the Mediterranean Sea offers. So in our waters many nautical events take place, like the SAR Princesa Sofía. It is a dinghy sailing competition held every year in Mallorca. Organised by the Real Club Náutico de Palma, Club Náutico del Arenal and the Club

Marítimo San Antonio de la Playa, it is one of the most important events of the competitive sailing calendar in the country. Since its first edition in 1968, this event has retained all of its prestige and garnered great media attention, making this competition one of the most keenly anticipated moments of spring on the island.



Formentera

ALL ROUND TRAIL FORMENTERA

MARCH

It's a date for runners on the island of unending expanse of blue.

One of the most keenly anticipated sporting events on Formentera. The All Round Trail is a 72.5 km race that goes around the island: it starts and finishes in the port of La Savina. Two more races are held at the same time: the Half Round Formentera Trail, a 40.5 km route that starts in Es Arenals, and the Tros de Fart, a 21 km route starting in Es Caló, both of which also finish in La Savina. This is a tough trail, rewarded, as ever, by the beauty of the location.

www.trailformentera.com

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Ibiza

IBIZA MARATHON

APRIL

Running with the sunset.

Ibiza Marathon is living proof that this island offers its visitors much more than sun, fun and beaches. Sport also shares the billing with leisure and culture, and in 2017 this 42.195 km competition will be launched to complement the other events that have already established themselves on the island, such as the Half Marathon and Ironman Ibiza. The aim of the organisers of Ibiza Marathon is to put Ibiza on the world map of marathons. The competition includes several parallel activities, such as a 15 km race and a running fair to replace Touribisport, retaining the name. The race takes place in the evening, between Vila and Santa Eulària des Riu.

www.mediomaratoni Ibiza.com



Menorca, Alaior

MENORCA PROTOURISM FAIR

FIRST FORTNIGHT

Leisure time in the heart of Menorca.

Following on from the success of the first edition of this fair last April, the Alaior Tourism Fair will once again open its doors to visitors and residents for 3 days. The aim is to promote the tourism industry and local produce through those that best represent it. A wide range of service companies, sports, culture, leisure, music, and entertainment providers, etc. will be taking part in the event as a living catalogue of all that awaits you in Menorca. The perfect excuse to make the most of your holiday on the island.

www.alaior.org



Mallorca

MALLORCA WALKING EVENT

The fourth edition of the **Mallorca Walking Event** will be held in April 2019 in Paguera and other locations within the municipal district of Calvià.

The Mallorca Walking Event Spring is a sporting event held every year in Mallorca. For four days, along routes that are marked out each day, hundreds of people walk the paths and trails around Paguera and other locations in the Calvià district in order to enjoy the beautiful countryside, environment and climate of the island of Mallorca. It is an event for getting fit, interacting with nature and enjoying good company.

The routes follow paths that will delight all nature lovers and reveal a different side to Mallorca: villages with particular charm, beautiful beaches along the coast and the impressive Serra de Tramuntana mountain range, declared a UNESCO world heritage site. Four days to enjoy an active holiday walking in good company. The fun is no doubt guaranteed.

The routes are divided into 30km, 20km and 12.5km walks so that each participant can opt for their preferred distance. All walks start at 9am. There will be medical assistance and refreshment stops en route and at the end of each walk there will be a fun event for everyone with music and entertainment for all.

The climate in Mallorca in April is gentle and pleasant, it is neither too hot nor too cold and is ideal for practising sports.

Sport, nature, fun and enchantment await you at the Mallorca Walking Event 2019. We look forward to seeing you!

www.mallorcawalkingevent.com



Mallorca

MALLORCA 312

APRIL

Sign up and enjoy an unforgettable day of outdoor sports!

The best way to sum up the essence of this trial is in the words of one of its participants: "Bicycles were created exactly for this, for these roads, for these landscapes and for sharing a great experience with people of similar interests". The 312 is a cycling event that introduces you to the most spectacular landscapes of Mallorca on a 312 km challenge on minor roads, skirting the rugged Serra de Tramuntana from start to finish. A privilege for cyclists from around the world who take part in this event in a relaxed atmosphere, accompanied by the mild climate of the island. Sign up if you want to enjoy an unforgettable day of sport under open skies!

www.mallorca312.com



Mallorca, Felanitx

START YOUR SPORT SEASON IN APRIL AT THE TRIATHLON DE PORTOCOLOM

07 APRIL

Available under the two formats 55.5 & 111.

Time is ticking. The official kick-off of the European triathlon season starts on Mallorca with a new edition of the Triathlon Portocolom International. With its date set on Sunday April 7th 2019, it is again one of the earliest triathlon races of the European season.

22 years after its first edition, this international triathlon continues with its athletic highlights as every year: starting with the impressive swim in the bay of Portocolom, followed by the challenging bike course with its double climb uphill to Sant Salvador and finishing with the picturesque running course across the historical town centre towards Portocolom's emblematic lighthouse.

The upcoming race edition is also its 22nd anniversary; therefore some new features are currently under preparation, soon to be announced. Again there will be monetary prizes of 4,000 Euro for the winners, the first 3 classified (male and female) in format 55.5 and in format 111. Again in 2019 many international professional triathletes will kick off their triathlon season in Portocolom, in both categories male and female.

www.triathlonportocolom.net

Mallorca, Palma

SIX DAY

APRIL

The Formula 1 of indoor cycling.

If you are a lover of track cycling, this year you will be counting down the days till April. Launched in October in London and having passed through cities such as Berlin, Copenhagen, Amsterdam and Paris, the grand finale of the Six Day will be landing in Palma. The imposing Palma Arena, which opened in 2007, will be the venue chosen to welcome the leading international figures and teams of this sport. There is no way you are going to miss the exciting finale of this edition of what is considered to be the Formula 1 of indoor cycling.

www.sixday.com

Ibiza

IBIZA SABORS

APRIL/MAY
OCTOBER/NOVEMBER

The perfect opportunity for you to sample the small pleasures of Ibizan life and, while you're at it, to discover the island's culinary traditions. More than 50 restaurants on the island will participate in these delicious gastronomic events that pay tribute to emblematic dishes such as "bullit de peix", "guisat de peix" or "sofrit pagés", illustrating how typical local fare can be truly delicious. Ibizan products like red prawn, lobster, olive oil, sobrasada or "flaó" are the stars of a classical cuisine that is reinvented with generous lashings of creativity. You can also take in visits to wineries, oil presses and organic farms, organised to coincide with this event... There's so much going on! Get ready to enjoy a culinary journey through the most idyllic spots on the island, with fixed-price menus (20 €) and tapas plus drink (5 €). Pure indulgence!

www.ibiza.travel



Formentera

FORMENTERA FOTOGRAFICA

APRIL

Pictures to remember.

You observe the world through a lens and... click, you capture the moment. This is the passion shared by participants of Formentera Fotográfica. A festival that brings together national and international photographers for this event dedicated to photography, video and multimedia. You can share your work and your experiences in the workshops and lectures. And there is no better place to do that than on the magical island of Formentera, full of landscapes that have been captured in millions of photographs. A night trip to capture one of the most stunning skies in the world is the final touch to make your visit complete. Don't wait to be told about it, sign up now!

www.formenterafotografica.com

Mallorca

A DATE WITH WINE

In the middle of spring, the month of April in Mallorca offers the opportunity to discover and sample some of the best Mallorcan wines which come together at two of the main oenological events that take place on the island: the Pollença Wine Fair and the Wine Night in Palma.

In the north of Mallorca, the town of Pollença, bathed by the intense blue waters of the Mediterranean and carved at the foot of the Serra de Tramuntana mountain range, hosts the Wine Fair in the beautiful Santo Domingo cloister, a well established event that brings together wine professionals and wine lovers, with almost 400 wines to sample.

In Palma, the Wine Night (Nit del Vi) is a great way to discover new wines from Mallorca's small winemakers. The cloister of the La Misericòrdia Cultural Centre is the setting for sampling and discovering first hand new wines presented by local winemakers.

viprimitiu.org/fira
www.pollensa.com
www.winesofmallorca.org



Mallorca

EASTER HOLIDAY IN MALLORCA

HOLY WEEK

Meditation, religion and devotion flood Easter.

This is part of the tradition and culture of all the towns and villages of Mallorca and is celebrated in a variety of different ways. Starting with the traditional processions of Easter Sunday, which fervently celebrate the resurrection of Christ, although the most spectacular will take place in the preceding days, during Holy Week, and include Crist de la Sang in Palma and the Oratori del Calvari in Pollença. But besides processions, Easter is a time when the people of Mallorca love to eat. Family cooking traditions include typical sweets like “robiols” and “crespells” and succulent pies made with meat and peas that we call “panades”. Ah! And Easter Monday is when the chocolate eggs are eaten, a real treat for those with a sweet tooth.

www.infomallorca.net | www.palma.cat



Ibiza

MBT VUELTA A IBIZA INTERNACIONAL

EASTER

Mountain bike, star of the spring.

April is the perfect month for sport. The days begin to lengthen, the colours of spring illuminate the landscapes and people feel more energetic to face challenges like this: the Vuelta a Ibiza on Mountain Bike.

Divided into three stages (3 days) this event brings together a good number of mountain bikers every year who find in this event the perfect reward for the efforts of a whole year of training.

www.ibizabtt.com



Ibiza/Formentera

RUTA DE LA SAL REGATTA

HOLY WEEK

Plying the roads of salt.

It all started in 1846 to rescue Barcelona from a shortage of salt that was becoming a threat to the city. A businessman had a brilliant idea: to invite the most famous sailors of the moment to accept the challenge of transporting salt from the Salt Pans of Ibiza and Formentera to Barcelona. In 1989 the idea was revived and adapted to a sports competition and the event has gone from strength to strength since then. Up to 300 boats compete every April for the prestigious Salt Route Regatta trophy.

www.larutadelasal.com

Sitges - Formentera

THE OPHIUSA REGATTA

The Ophiusa Regatta starts in the port of Sitges and ends in the port of La Savina, on Formentera. The lovers of ocean races will find in this competition the most important regatta of their sports calendar.

Strategy and navigation combine to turn the Ophiusa Cruceros regatta into a pure ocean regatta, which has found new supporters every year, because it is a very selective and hard-fought regatta.

The waters of Formentera are filled every year with boats fighting for the trophy in a unique festive atmosphere and attracting the national and international press. The regatta is still young, but it already enjoys high standing among the lovers of classic sailing. From the land, the audience enjoys the sight of the regatta with its magnificent sailors and the ambience of the crews' lives when they go ashore.

If you visit Formentera in April, you will find a true sport paradise, the perfect ingredients for all sports in the open air thanks to its great ally: the sun that raids the island 365 days a year.

www.illesbalears.travel



Mallorca

**MALLORCA
SMOOTH
JAZZ
FESTIVAL**

Welcome to the MALLORCA SMOOTH JAZZ FESTIVAL – the only smooth jazz festival in the European Mediterranean area. Actually, in Sa Coma, on the beautiful east coast of the Spanish island Mallorca.

In late April, a music festival with unique live music awaits you in the exclusive ambience of the Protur Biomar Gran Hotel & Spa. The 5-star hotel is also the venue and is characterized by an elegant and modern equipment, a full-equipped spa area as well as landscaped gardens and swimming pools (indoor / outdoor). Located only 300 metres from the beach, right on the Punta de n'Amer natural park.

This musical (short) vacatio is all about enjoying the finer things in life. Good music. Good food. Good wine. Good entertainment. Good weather. Good prospects for recovery and a unique experience in the breathtaking scenery of the Mediterranean Sea.

On stage, we welcome some of the biggest and most successful international stars of the Contemporary and Smooth Jazz scene.

www.mallorca.smoothjazzfestival.de

Menorca, Fornells

FORNELLS HALF MARATHON

APRIL

21 kilometres of pure nature.

This is much more than a sporting challenge. The Fornells Half Marathon offers its participants the opportunity to enjoy the cultural and culinary landscape, and the scenery, of one of the most beautiful islands in the Mediterranean. This sporting event holds its 7th edition in 2019 and its growing number of fans is proof of its rude health and excellent track record.

Circuit and nature go hand in hand during the 21 km route of the competition: it crosses a wetland area populated with horses, goats, birdlife and cattle, on what has become the runners' favourite section of the course.

www.mitjafornells.com

Mallorca, Palma

PALMA BOATSHOW

APRIL / MAY

Showcase overlooking the sea.

The Balearic Islands are the leading nautical tourist destination in Europe. So it is not surprising that there is a meeting for all industry professionals: The Palma Boat Show, held in the port of Palma. Also known as the Balearics Recreational Boat Show, the fair brings together suppliers from the boating industry, water sports companies and all other seabound leisure activities.

www.boatshowpalma.com



Mallorca, Palma

**PALMA FROM THE SKY:
THE ROOF TERRACES OF
THE CATHEDRAL AND
THE CHURCH OF SANTA
EULÀLIA**

FROM APRIL TO OCTOBER

We all have a snap of the Cathedral or a church that reminds us of our wonderful stay in Mallorca. But did you know that you can get right into the heart of these gothic jewels? The Cathedral of Light and one of Palma's oldest parish churches open their bell towers and roof terraces to the public so that you can discover their secrets from a privileged position. It is a 360° journey through its beautiful roof terraces. At the Cathedral, known to locals as La Seu, the highlight of the visit is seeing the back of the central rose window, one of the largest and most spectacular in the world, while at Santa Eulàlia the 50-metre bell tower will take you on a wonderful journey, guided by its gargoyles. A unique experience where you will have Palma at your feet.

www.catedraldemallorca.info
www.spiritualmallorca.com

Mallorca, Calvià

**SOL HALF
MARATHON MAGALUF**

28 APRIL

Races: Urban mile, 10 km, 21 km, children's race

The SOL HALF MARATHON MAGALUF is a two distance race event (21 km and 10 km) that takes place during the last weekend of April in Magaluf (Calvià, Mallorca). The race, which has been held for over 30 years, has undergone some changes over the last 5 years, and it is now the best half marathon in Mallorca.

The event has three main characteristics:

Spectacular route: designed by athletes from the local district and experts in the organisation of such events, the route combines the fastest sections in the area with the attraction of running between the coast and the busiest parts of Magaluf and Palmanova. The finishing line is particularly striking, located on a walkway on Magaluf beach, meaning you finish with the Mediterranean Sea and the island of Sa Porroxa in the background.

All the services: the organisation works to provide athletes with an unforgettable race experience, offering all the first rate services you would expect.

Parallel activities: children's races, urban mile, pasta party, conferences and street entertainment during the races are just some of what is on offer during the revamped Sol Half Marathon Magaluf.

www.maratonmagaluf.com



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Ibiza

IBIZA HALF MARATHON

MAY

A challenge for runners along the core of the white island

A challenge for runners that passes through Ibiza's quiet inland villages. As always, you can choose between two categories. The Half Marathon starts in Santa Inés, a beautiful place that retains its rural charm. A 21 km circuit awaits you, on trails that run through Ibizan countryside until you reach the finish line on Ibiza's seafront promenade. In parallel, there is also a 10 km run from the legendary Sant Rafel Hippodrome to the same finish line as the Half Marathon. More than 1,000 runners from around the world are expected, so make sure one of those race bibs has got your number on it!

www.mediomaratoni Ibiza.com



Mallorca, Alcúdia

NIRVANA IRONMAN 70.3 MALLORCA

MAY

Mallorca, paradise for triathletes.

Connoisseurs say that Mallorca is a paradise for triathletes and although we are not experts in the field, we are fully convinced that the beauty of this rich and diverse island, the deep blue of the Mediterranean Sea and its mild climate would help anyone achieve Nirvana. This test of extreme resistance by land and sea will take athletes from around the world on an enthralling journey through the most spectacular villages of Mallorca. With a base in the beautiful town of Alcúdia, you will be able to swim in stunning coves and beaches, explore the winding mountain trails on foot or by bike... All with an impeccable hotel infrastructure at your service. If you think you're ready for this challenge, don't think twice, go for it!

www.eu.ironman.com



Ibiza, Santa Eulària

ANAR A MAIG

MAY. FIRST SUNDAY

Tradition and colour commemorating the miracle of the Vella church

Legend has it that the first church was built on a small hill near Ses Estaques. As the churchgoers were leaving Mass, a huge roar was heard; the church had collapsed after everyone had vacated the building. It was a miracle! Since then, on every first Sunday of May this joyous festival takes place in Santa Eulària des Riu with festooned floats and women and men dressed in the traditional costumes of the island. The festival commences with the enthusiastic cry of "Anar a Maig" and reaches its end with the cry of "Venim de Maig". Not to be missed!

www.santaaulalia.net



Formentera

FORMENTERA FILM FESTIVAL

MAY

Four days of events, videos, workshops, artistic performances, music and famous personalities in different places around the island. A spectacle under the stars, where the island becomes the stage and stories from the silver screen merge with the history of the people.

A film festival with a competition open to short films, documentaries and video art from around the world, with a special section for films by Spanish and Catalan directors.

www.facebook.com/formenterafilm
www.flickr.com/formenterafilm
www.twitter.com/formenterafilm
www.youtube.com/formenterafilm
www.issuu.com/formenterafilm

Formentera

FORMENTERA 2.0

MAY

New technologies and digital culture from Formentera.

The chance to relax and unwind in an idyllic location – the island of Formentera – undoubtedly makes this an ideal and congenial environment for you to network and seek inspiration. Meet, share and interact with others and learn from the best professionals in the digital world. Activate your senses and bring your company in line with the world of 2.0 in one of the most authentic events in the field of online communication, social networking and digital transformation. Every year during the month of May, disconnect and reconnect, exchanging ideas and knowledge in the paradise that is Formentera!

www.formentera20.com

Mallorca, Calvià

PORT ADRIANO SUP RACE

MAY

Balance and endurance on clear waters.

Stand up paddle surfing (SUP) is a watersport that, in only a few years, has earned the recognition of athletes and the public alike. Mallorca, specifically around Port Adriano, is the ideal place to practise this sport. Proof of this is the fact that four consecutive editions of the Port Adriano SUP Race, a competition with three days of trials, have now taken place.

This is part of the Paddle Surf Euro Tour and open to numerous types and categories, which include all ages and abilities. Anyone can take part. If you are keen on this most refreshing of sports, we encourage you to sign up, but if you prefer to go as a spectator, we know that you will not be disappointed.

www.portadriano.com
www.marbalear.com



Mallorca, Palma

INTERNATIONAL ORGAN WEEK

FIRST WEEK OF MAY

Music that touches the soul.

Liturgical music finds its highest expression in the International Organ Week, which is held every year in the serene setting of the Basilica de Sant Francesc, one of the most majestic churches of the Mallorcan gothic style, located in Palma's old town. For five consecutive days five organists of international renown will be delighting audiences with their interpretations and, what's more, their virtuoso performances come at no cost, since entrance is free. James O'Donnell (England), Martina Kurschner (Germany), Sara Gerber (Switzerland) and Bartolomé Mut (Balearic Islands, Cathedral organist), are some of the artists who have starred in previous editions of this stirring event that combines music with religious art. Simply a must!

[Tourist-information at Plaça de la Reina | 971 17 39 90](#)



Ibiza

MEDIEVAL IBIZA

MAY. SECOND WEEKEND

A trip to the medieval past of the city of Ibiza.

The walled enclosure of Dalt Vila, declared a World Heritage Site in 1999, is the steadfast witness to this celebration that takes place in the old town of Ibiza. Street vendors, artisans, snake charmers, fakirs and minstrels are the star turn in a festival that brings to life the cultures that have shaped the essence of Ibiza: Phoenician, Roman and Arabic. During this celebration, the whole of Dalt Vila will be bedecked with colourful flags, carpets and banners, and it will be the scene of activities such as mediaeval theatre, archery, falconry and Arabic dancing. A total of 200 stalls and around a hundred artists will participate in this colourful spectacle for all audiences.

www.eivissa.es
www.ibiza.travel



Menorca

MENORQUIN HORSE FAIR

SECOND WEEK OF MAY

The horse, icon in Menorcan tradition.

The horse is an icon of Menorca. A major feature of all its festivities, the horse has become a huge draw for visitors to the island due to its purebred, beauty and remarkable dressage skills. This fair is the most important event dedicated to the Menorquin horse. You can find anything and everything related to the world of equestrianism at the Es Mercadal exhibition centre, which brings together hundreds of people over one weekend. The most popular events include the Menorquin horse show, the horse exhibition and interesting workshops demonstrating how to shoe horses or equine physiotherapy.

www.caballomenorquin.com

Mallorca

DISCOVER THE MALLORCA LIVE FESTIVAL 2018

Indie, rock, electronic, urban and world music are coming to Mallorca in May. The venue is the old Aquapark in Calvià next to the beach and with wonderful views of the mountains. There will also be many parallel activities to complement the festival and show visitors other attractions on the island.

www.mallorcalivefestival.com

Menorca, Maó

MAÓ IN SPRING

MAY. ALL MONTH

Flowers, music and dance herald spring.

Spring wafts into Menorca with an added dose of energy. The island is revitalised, the fields are in bloom and a lively festive atmosphere invades the streets. And the month of May is packed with things to do! In mid-May, Maó+Flors decks the city in a riot of colour. The streets and shops of Mahon all participate in this outstanding floral display, alongside many cultural activities. Brunch&Co will be playing its part in Maó+Flors with delicious and creative ideas. Art, music, theatre, dance... and food trucks to conjure up the most tantalizing dishes. And to broaden your culinary horizons, there's nothing quite like Gastromó, a weekend that gives local produce all the time and space it deserves. This takes place at the beginning of the month at Mahon's Mercat del Claustre and is a perfect opportunity for you to discover the traditional flavours of the island.

www.ajmao.org

Menorca

COMPRESSPORT TRAIL MENORCA CAMÍ DE CAVALLS

THIRD WEEK OF MAY

A trail? No. A challenge.

This is one of the longest, toughest and undoubtedly most beautiful trail runs in Europe. There are 5 courses ranging from 35 km to 185 km on the Trail Menorca Camí de Cavalls. The challenge consists of running around the island of Menorca on a coastal path known as "Camí de Cavalls" (horse trail) created over 300 years ago by the British to defend the island from invaders' attacks. The runners will discover their limits among beaches, viewpoints and impossible slopes. 40 hours maximum to do a Menorca 360°. Will you accept the challenge?

www.trailmenorca.com



Ibiza

FORUM OF MEDITERRANEAN CUISINE

MAY

Discover and enjoy the irresistible Ibizan taste!

If you are a foodie and are looking to satisfy your gastronomic yearnings, then do not miss this, the Forum of Mediterranean Cuisine on May. A meeting place for the best national and local chefs, producers, communicators and all lovers of the cuisine and flavours of Ibiza. You will be able to enjoy a full day of presentations where each professional will demonstrate his or her own take on the island's local produce. It also includes a local produce market. Discover and sample the irresistible tastes of Ibiza!

www.ibiza.travel



Mallorca

WINE DAYS MALLORCA

MAY

Landscapes of Wine and Roses.

Aromas, textures, colours, flavours... tasting a good wine awakens all your senses. But to add a whole new dimension to your experience, Wine Days Mallorca offers you more than a week of experiences that will give you an entirely new insight into the island and its established wine tourism tradition. DO Binissalem (Denomination of Origin) has prepared a programme of many activities. From touring the DO wine lands, to enjoying cultural activities, music, literature, visiting the countryside, weekly markets, traditions... and of course, tasting delicious wines and tapas at the DO wineries and cellars that open their doors to the public. Pure pleasure!

www.binissalemdo.com
www.winedaysmallorca.com



Formentera

GOURMET WEEKENDS FORMENTERA

MAY

A scrumptious event!

The island of Formentera offers you its Gourmet Weekends, part of the range of events to kick-start the tourist season, with the Formentera Film Festival, Formentera 2.0 and the Half Marathon. The Gourmet Weekends take place on the first two weekends of May, when the best restaurants of this island paradise and its best chefs will offer up delicious menus of traditional and local cuisine for no more than twenty euros. A mouth-watering event!

www.formentera.es



Menorca, Maó

OPERA WEEK IN MAHON'S TEATRE PRINCIPAL

MAY

An unmissable event for opera lovers.

Welcome to Spain's oldest theatre, Mahon's Teatre Principal. Built in 1829 in classic Italian style, it is horseshoe-shaped, which gives it excellent acoustics. This beautiful theatre today offers the best national and international performances and is an exceptional setting for one of the biggest events of the Spain performing arts calendar. A place where the magic of classical music will lift your spirit. Above all, do not miss the fabulous opera concerts in the last week of May. They are quite exceptional!

www.teatremao.com

Formentera

FORMENTERA TO RUN

MAY AND JUNE

An unforgettable event for lovers of running!

The end of May and the beginning of June is the moment for you to enjoy a full-on holiday of sport, nature and tourism in the last remaining paradise of the Mediterranean: the island of Formentera. Five stages for sixty kilometres of running through the most spectacular spots of one of the smaller of the Balearic Islands. Run along the beach of Migjorn, then follow inland trails with beautiful views of the sea. Run along Cala Saona and the cliffs of Punta Negra to finish the race at La Mola Lighthouse with its incredible views. An unforgettable event for running enthusiasts!

www.formentera.es

Mallorca, Sóller

ES FIRÓ DE SÓLLER

MAY

Enjoy the acclaimed *Es Firó* party in Sóller.

Moors and Christians, relive the most popular Majorcan battle!

At three in the afternoon bells ring alerting the city of Sóller of enemy ships on the horizon. It is the Monday after the 2nd May and *Es Firó* is starting, a celebration to commemorate the valiant resistance of the Sollerian people against the Saracen pirate attack in 1561.

This feat, celebrated every year by all the citizens of Sóller, will take you back to a pivotal moment in the history of this beautiful place located in a valley of the Tramuntana Mountains, a World Heritage Site. *Es Firó*, let's go!

www.visitsoller.com
www.ajsoller.net



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www.illesbalears.travel
www.sustainableislands.travel

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